



## ABOUT A COURSE IN MIRACLES

“Trust would settle every problem now”

~ A Course In Miracles

*A Course in Miracles* is a spiritual psychotherapy program that has changed millions of lives and is studied world-wide. It is a compassionate, gentle, radically different path to living in love instead of fear. It has spread like wildfire. Many of the most popular spiritual teachers of this day, such as Dr. Wayne Dyer, Marianne Williamson, Byron Katie, and more base their work on *A Course in Miracles*. There is a reason this material is quoted as often as it is. It is a brilliant, loving path that profoundly changes lives. It is miraculous.

*A Course in Miracles* is a book. That's it. You do not need to join a group to study it.

I chose to create this online course because many people buy *A Course in Miracles* and then do not read it. Many find the language in *A Course in Miracles* to be "religious sounding" and some have a hard time with the exclusively masculine language. For example, *A Course in Miracles* refers to us all as brothers and Sons of God. Many "Daughters of God" have wished this would be otherwise.

*A Course in Miracles* is a spiritual path like Buddhism, Catholicism, Judaism, but it is not a religion. That means that you might still consider yourself a Christian, Pagan, Jew, or Muslim



while you practice it. It says "This is one path of many through which some people will find access to their own inner authority." Like many spiritual paths, there are many teachers and interpretations.

**A Course In Trust** is based on my interpretations and understanding of *A Course in Miracles*. At the point of this writing, I have studied and devoted myself to this amazing material since 1989. It's quite possible that someone else might have a different interpretation of the passages or lessons I have chosen. You may have a different understanding of them as you read them. By all means, listen to the direction of your heart. That is your inner authority, and it is the only authority that is qualified to guide your life.

My intention in this course is to offer to you the lessons that might most impact your daily life. As you explore these lessons, you will probably see that you have heard most of these truths before, either from a self-help book, or from your Catholic grandmother, Jewish father, or from a trusted therapist.

I found it comforting that *A Course in Miracles* worked with many of the truths I'd found in other sources. Truth is truth is truth is truth. It made me feel that all paths were "just fingers pointing to the moon," as the Buddhists might say. I guess the reason I chose to devote myself to *A Course in Miracles* as opposed to other paths, is I found a love and strength in this material that I have never seen anywhere else. The love was so uncompromising and all-embracing, and the power so strong, that I believed this truly was something holy. I have not always enjoyed working with the material, because it asks me to let go of the small self that I think I am, but I have always felt this holy presence.

**A Course in Trust** is not meant to replace a study of *A Course in Miracles*. And it is my hope that it can add to those of you who are already immersed in the material. And, even more, I hope it is a way for many individuals, who haven't studied *A Course in Miracles* and may never choose to study it, to taste and experience the grace and freedom that this path offers. I bless you all from the bottom of my heart and I am so grateful that you are seeking to know yourself in a grander, more fulfilling way. **I know that you will find what you're looking for. You will find it, because you already are it.**

